

### Semaine 37

| Gluten | Crustacés | Œufs | Poisson | Soja | Lait | F. à coques | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusques | Arachides |
|--------|-----------|------|---------|------|------|-------------|--------|----------|--------|---------|-------|------------|-----------|
|--------|-----------|------|---------|------|------|-------------|--------|----------|--------|---------|-------|------------|-----------|

07/09/2026

CAROTTES CELERI REMOULADE BIO

SALADE DE RADIS TOMATES MAÏS

SALADE BASQUE AU FROMAGE DE BREBIS

GARDIANE DE BOEUF BIO

FILET DE POISSON A L'OSEILLE

RIZ DE CAMARGUE

PDT BIO VAPEUR

FROMAGE BLANC BIO

\*YAOURT A LA CHATAIGNE BIO INDIVIDUEL

|   |  |   |   |  |   |  |   |   |  |   |  |  |  |
|---|--|---|---|--|---|--|---|---|--|---|--|--|--|
|   |  | X |   |  |   |  | X | X |  | X |  |  |  |
|   |  |   |   |  |   |  |   | X |  | X |  |  |  |
|   |  |   |   |  | X |  |   | X |  | X |  |  |  |
| X |  |   |   |  | X |  |   |   |  | X |  |  |  |
| X |  |   | X |  | X |  | X |   |  | X |  |  |  |
|   |  |   |   |  | X |  |   |   |  |   |  |  |  |
|   |  |   |   |  | X |  |   |   |  |   |  |  |  |
|   |  |   |   |  | X |  |   |   |  |   |  |  |  |
|   |  |   |   |  | X |  |   |   |  |   |  |  |  |

08/09/2026

SALADE MEDITERRANEENNE

SALADE SHIRAZI

TOMATES BIO

BOULETTES D'AGNEAU BIO FACON COUSCOUS

MELI-MELO A LA NORMANDE

\*SEMOULE BIO

\*COQUILLETES BIO

BRIQUE DE CHEVRE LOCAL

VERCORAIS BIO

\*CREME DESSERT CARAMEL LOCAL

LIEGEOIS AU CHOCOLAT BIO

|   |   |  |   |   |   |  |   |   |  |   |  |   |  |
|---|---|--|---|---|---|--|---|---|--|---|--|---|--|
|   |   |  | X |   |   |  |   | X |  | X |  |   |  |
|   |   |  |   |   |   |  |   | X |  | X |  |   |  |
|   |   |  |   |   |   |  |   | X |  | X |  |   |  |
| X |   |  |   | X |   |  |   |   |  | X |  |   |  |
| X | X |  | X |   | X |  | X |   |  | X |  | X |  |
| X |   |  |   |   |   |  |   |   |  |   |  |   |  |
| X |   |  |   |   | X |  |   |   |  |   |  |   |  |
|   |   |  |   |   | X |  |   |   |  |   |  |   |  |
|   |   |  |   |   | X |  |   |   |  |   |  |   |  |
|   |   |  |   |   | X |  |   |   |  |   |  |   |  |
|   |   |  |   |   | X |  |   |   |  |   |  |   |  |

| Semaine 37                              | Gluten | Crustacés | Œufs | Poisson | Soja | Lait | F. à coques | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusques | Arachides |
|-----------------------------------------|--------|-----------|------|---------|------|------|-------------|--------|----------|--------|---------|-------|------------|-----------|
| 10/09/2026                              |        |           |      |         |      |      |             |        |          |        |         |       |            |           |
| SALADE VERTE LOCALE                     |        |           |      |         |      |      |             |        | X        |        | X       |       |            |           |
| VRAC TOMATES FARCIES VEGE               | X      |           | X    |         |      |      |             |        |          |        |         |       |            |           |
| *VRAC CARRE DE SEITAN BIO SAUCE TARTARE |        |           | X    | X       |      |      |             |        | X        |        | X       |       |            |           |
| FLAGEOLETS BIO AUX LEGUMES DU SOLEIL    |        |           |      |         |      |      |             | X      |          |        |         |       |            |           |
| *PUREE DE COURGETTES BIO                |        |           |      |         |      | X    |             |        |          |        | X       |       |            |           |
| *EMMENTAL BIO                           |        |           |      |         |      | X    |             |        |          |        |         |       |            |           |
| *GRAND DUC DE CHARTREUSE                |        |           |      |         |      | X    |             |        |          |        |         |       |            |           |
| GÂTEAU AUX POIRES ET NOIX BIO           | X      |           | X    |         |      | X    | X           |        |          |        |         |       |            |           |
| *ECLAIR AU CHOCOLAT                     | X      |           | X    |         | X    | X    |             |        |          |        |         |       |            |           |
| 11/09/2026                              |        |           |      |         |      |      |             |        |          |        |         |       |            |           |
| *CHOU FLEUR BIO MIMOSA                  |        |           | X    |         |      |      |             |        | X        |        | X       |       |            |           |
| TZATZIKI À LA BETTERAVE ROUGE BIO       |        |           |      |         |      | X    |             |        |          |        | X       |       |            |           |
| *HARICOTS VERTS BIO NICOISE             |        |           |      | X       |      |      |             |        |          |        |         |       |            |           |
| HACHIS PARMENTIER AU BOEUF DE L'ISERE   | X      |           |      |         |      | X    |             |        |          |        | X       |       |            |           |
| *TORTELLONI TOMATE MOZZARELLA BIO       | X      |           | X    |         |      | X    |             |        |          |        | X       |       |            |           |
| *YAOURT BRASSE AUX FRUITS MIXES BIO     |        |           |      |         |      | X    |             |        |          |        |         |       |            |           |
| *PETIT SUISSE AUX FRUITS BIO            |        |           |      |         |      | X    |             |        |          |        |         |       |            |           |
| *EMMENTAL RAPE                          |        |           |      |         |      | X    |             |        |          |        |         |       |            |           |